

JOB DESCRIPTION SUPPLEMENT**PHYSICAL REQUIREMENTS FOR PERFORMING ESSENTIAL JOB FUNCTIONS****I. MACHINES, TOOLS, & EQUIPMENT USED IN THIS POSITION:**

Worker is required to use two or more of the following on a regular basis: telephone / other voice communication devices; standard hand tools; cleaning equipment such as vacuum cleaner, floor scrubber; power lawn mower; general and / or specialized personal safety devices such as hard-toe shoes, back support, and / or protective eye ware; other specialized equipment needed in the job.

II. PHYSICAL EXERTION REQUIREMENTS OF THIS POSITION:

HEAVY WORK: *Exerting up to 100 pounds of force occasionally, and/or up to 50 pounds of force frequently and/or up to 20 pounds of force as needed to move objects.*

III. PHYSICAL ACTIVITY DURING A TYPICAL DAY:

A typical day's activities include standing, walking, bending, climbing, stooping, pushing, pulling, lifting, reaching, and sitting for limited periods only; normal finger dexterity, visual acuity (with or without corrective glasses), hearing, talking, and firm grasping are also required to carry out essential functions.

IV. WORKING CONDITIONS:

Indoors and outdoors. Worker is subject to both conditions with work occurring both inside and out.

The worker is subject to noise at such levels as to require shouting and/or loud talking in order to be heard.

V. TYPICAL JOBS:

Jobs requiring the activities described above may include the following: Custodian; Maintenance Helper; Mechanic Helper; Unskilled Craftsman; Warehouse Helper; or other jobs involving similar strenuous physical activity.