# JOB DESCRIPTION SUPPLEMENT

# PHYSICAL REQUIREMENTS FOR PERFORMING ESSENTIAL JOB FUNCTIONS

#### I. MACHINES, TOOLS, & EQUIPMENT USED IN THIS POSITION:

Worker is required to use two or more of the following on a regular basis: telephone / other voice communication devices; audio-visual equipment; personal computer; mainframe computer terminal; copy machine; calculator; other specialized equipment typically used in an office setting.

## II. PHYSICAL EXERTION REQUIREMENTS OF THIS POSITION:

**LIGHT WORK:** Exerting up to 20 pounds of force occasionally and/or up to 10 pounds of force as frequently as needed to move objects.

## III. PHYSICAL ACTIVITY DURING A TYPICAL DAY:

A typical day's activities include sitting for extended periods, standing, walking, bending,, stooping, pushing, pulling, lifting, and reaching; normal finger dexterity, visual acuity ( with or without corrective glasses ), hearing, talking, and grasping are also required to carry out essential functions.

## IV. WORKING CONDITIONS:

Indoors. Worker is subject to indoor conditions primarily with most work occurring inside. The worker is subject to low noise levels as to require normal talking in order to be heard..

#### V. TYPICAL JOBS:

Jobs requiring the activities described above may include the following: Assistant Superintendent; Director; Coordinator; Manager; Specialist; Resource Person; Psychologist; Counselor or other jobs requiring similar physical activity.